

Holistic Wellness Center New Client Intake Form

Name: _____ DOB: _____

Phone: _____ E-mail: _____

Address: _____ City: _____ State: _____ Zip: _____

Occupation: _____ Physician: _____

Emergency Contact: _____ Relation to Client: _____ Phone: _____

Referred By: _____ Preferred pronouns _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you ever experienced a professional bodywork or energy session? Yes No How recently? _____

What are your bodywork or energy work goals? _____

What kind of pressure do you prefer? light medium firm

If you answer "yes" to any of the following questions, please explain as clearly as possible.

- | | |
|---|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you frequently suffer from stress? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you bruise easily? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have diabetes? | <input type="checkbox"/> Yes <input type="checkbox"/> No Any broken bones in the past two years? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you insulin dependent? Last dose: _____ | <input type="checkbox"/> Yes <input type="checkbox"/> No Any injuries in the past two years? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you experience frequent headaches? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any tension or soreness in a |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you wearing contact lenses? | specific area? Please specify: _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you wearing dentures? | _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have high blood pressure? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have cardiac or circulatory problems? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Are you taking high blood pressure medication? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from back pain? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from epilepsy or seizures? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have numbness or stabbing pain? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from joint swelling? | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you sensitive to touch or pressure in any |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have varicose veins? | area? Please specify: _____ |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any contagious diseases? | <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had surgery? Explain below. |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have osteoporosis? | <input type="checkbox"/> Yes <input type="checkbox"/> No Are you pregnant? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have cancer? | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you suffer from lymphedema? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Other medical condition, or are you taking any | <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have any allergies? |

medications I should know about?

Comments: _____

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscle tension. If I experience any pain or discomfort during the session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of this session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances by me will result in immediate termination of the session, and I will be liable for any payment of the scheduled appointment.

Client Signature: _____ Date: _____

Consent to Treatment of Minor: By my signature below, I hereby authorize _____ to administer massage, bodywork, or somatic therapy techniques to my child or dependent as they deem necessary.

Signature of Parent of Guardian: _____ Date: _____